



#### Foundation Principles

- God is present
- Caring not curing
- Nonjudgmental presence
- Active listening

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## How Does BeFriender Ministry Make a Difference?

### Here's One Chaplain's Story

By Chaplain Kay Sorvik

We have a resident nearing 100 years old. For many years she lived in the Independent Living part of our campus. Now she lives in Skilled Care in order to have the daily care and support she needs. Progressing from Independent Living to Skilled Care is hard.

The resident realized she needed the support of others, that she had become more dependent on others. That can be isolating as daily interactions with friends also decreases. Fortunately, with BeFrienders in our community, she was connected with a BeFriender.

Now the resident can hardly wait for her BeFriender to visit. She recently shared with me "I wait at my door every week for my BeFriender to come!"

Personal interaction is so important. Even if there are times our resident and BeFriender don't talk much, the gift of presence is something she is grateful for.

#### Chaplain Kay Sorvik

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*Reflection shared with permission*

